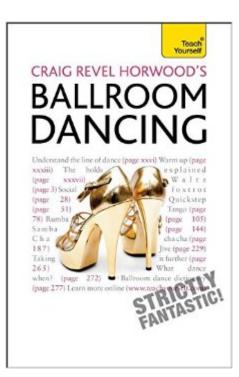
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## Craig Revel Horwood's Ballroom Dancing (Teach Yourself)





## Synopsis

Whether you are an absolute beginner, a Strictly Come Dancing wannabe or simply want a fun way to get fit, Craig Revel Horwood's guide to ballroom dancing offers something for everyone. Learn how to become a ballroom babe or a Latin lover as Craig shows you all the basic moves in a fun, lively and straightforward way. Easy-to-follow instructions and illustrations will help you to learn numerous dances, including the traditional foxtrot, waltz, and tango as well as the more modern mambo, rumba and samba. Each section of dance provides lots of suggestions for great music to strut your stuff to, with helpful tips from Craig to encourage you to practice until you have truly mastered your moves.Learn effortlessly with a new easy-to-read page design and interactive features:Not got much time?One, five and ten-minute introductions to key principles to get you started.Author insightsLots of instant help with common problems and quick tips for success, based on the author's many years of experience.Test yourselfTests in the book and online to keep track of your progress.Extend your knowledgeExtra online articles to give you a richer understanding of the subject.Five things to rememberQuick refreshers to help you remember the key facts.Try thisInnovative exercises illustrate what you've learnt and how to use it.

## **Book Information**

Series: Teach Yourself Paperback: 352 pages Publisher: Teach Yourself; 1 edition (July 30, 2010) Language: English ISBN-10: 1444102737 ISBN-13: 978-1444102734 Product Dimensions: 5.2 x 8 x 1 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: Be the first to review this item Best Sellers Rank: #4,934,161 in Books (See Top 100 in Books) #100 in Books > Arts & Photography > Performing Arts > Dance > Ballroom #1188 in Books > Arts & Photography > Performing Arts > Dance > Classical #336247 in Books > Humor & Entertainment *Download to continue reading...* 

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